

JUICE BOX YOGA

WWW.YOGAJUICEBOX.COM

change your life, one drop of sweat at a time

Karma Yoga is our way of giving back what you've given us; it's our way of saying "Thank You" to those who build our local communities. Our Karma Class is a regular Bikram yoga class where admission is by donation and profits are given to our community karma recipient. See website for schedule and support your community by doing more yoga!

REQUIRED. DISCIPLINE OF ACTION. GIVING BACK. YOGA OF SELFLESS SERVICE. THE PATH OF UNION THROUGH ACTION. CONNECTING YOGA TO OUR COMMUNITY. **JUICE BOX KARMA YOGA.** THE CONCEPT

OF ACTION OR DEED. CAUSE AND EFFECT. PAY IT FORWARD. COMMUNITY INVOLVEMENT. LOVING THY NEIGHBOR. GOODWILL TOWARD OTHERS. CIRCULAR ENERGY. IN ORDER TO RECEIVE ONE MUST GIVE. A BALANCE IS REQUIRED. DISCIPLINE OF ACTION. GIVING BACK. YOGA OF SELFLESS SERVICE. THE PATH OF UNION THROUGH ACTION. **CONNECTING YOGA TO OUR COMMUNITY.** JUICE BOX

KARMA YOGA. THE CONCEPT OF ACTION OR DEED. CAUSE AND EFFECT. PAY IT FORWARD. COMMUNITY INVOLVEMENT. LOVING THY NEIGHBOR. GOODWILL TOWARD OTHERS. CIRCULAR ENERGY. IN ORDER TO RECEIVE ONE MUST GIVE. A BALANCE IS REQUIRED. DISCIPLINE OF ACTION. **GIVING BACK.** YOGA OF SELFLESS SERVICE.

THE PATH OF UNION THROUGH ACTION. CONNECTING YOGA TO OUR COMMUNITY. JUICE BOX KARMA YOGA. THE CONCEPT OF ACTION OR DEED. CAUSE AND EFFECT. PAY IT FORWARD. COMMUNITY INVOLVEMENT. LOVING THY NEIGHBOR. GOODWILL TOWARD OTHERS. CIRCULAR ENERGY. IN ORDER TO RECEIVE ONE MUST GIVE. A BALANCE IS REQUIRED. DISCIPLINE OF ACTION. GIVING BACK. YOGA OF SELFLESS SERVICE. THE PATH OF UNION THROUGH ACTION. CONNECTING YOGA TO **OUR COMMUNITY.** JUICE BOX

KARMA YOGA. THE CONCEPT OF ACTION OR DEED. CAUSE AND EFFECT. PAY IT FORWARD. COMMUNITY INVOLVEMENT. LOVING THY

2015 Animal Rescue

Canine Rehabilitation
Center and Sanctuary
Reno-Tahoe Dog Rescue

Juice Box Yoga is partnering with Canine Rehabilitation Center and Sanctuary to help fund dog rescues in the Washoe Valley. You can help support abandoned and abused animals by attending one of our Juice Box Yoga Karma Classes! More info at:

www.crcsgiveslife.org